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Benwell welcomed as seniors coordinator for Corning Healthcare District

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Elaine Benwell

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Corning Healthcare District welcomes Elaine Benwell as the new Elder Services Program and Public Relations coordinator.

Vice president Yvonne Boles made the announcement last week.

“We are very excited to have Elaine with us,” said Boles. “She developed the Elder Services Program through our previous grant. We are delighted that she has been able to join our permanent team.”

Through the Elder Services Program, Benwell offers a variety of workshops to residents of the district who are 50 years old and older. Classes cover topics such as home and personal safety, health and nutrition, living with diabetes, Parkinson’s disease support and caregiving. She is also trained in HICAP counseling which is a program to help seniors understand issues concerning Medicare.

“It is a delight to work with someone who is so dedicated to the seniors in our community,” said District Manager Shirley Engebretsen. “It’s rare to meet someone who loves what they do as much as Elaine loves her work.”

As Elder Services Program Coordinator, Elaine Benwell has distributed free of charge more than 2,000 File of Life magnets. Corning Healthcare District provides the magnets to seniors to place on their refrigerators. The individual writes vital health information on the inserts such as doctors’ names, medications they are taking, emergency contact phone numbers and other details that can save a person’s life during emergency care.

In addition to the magnets, incontinence supplies, mobility devices and emergency food have been distributed.

“Successful aging is the goal of the Elder Services Program,” said Benwell. “I am dedicated to the well-being of seniors. By providing elders of our community referrals, vital information, and motivation, I hope to help them become their own best advocates.”

If you would like more information about the Elder Services Program or if you are an elder with a need, Benwell can be reached at 824-4559 or chd.elderservices@gmail.com.

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